

HEALTH AND SAFETY MATRIX FOR INFANT/TODDLER SPECIALIST SYSTEM

4/15/08

This matrix is based on VDSS (Virginia Department of Social Services) licensing staff's observation of frequent and/or critical health and safety issues in regulated programs providing care to infants and toddlers. The first column contains references to standards for licensed child day centers since these health and safety standards are more comprehensive than those contained in the family day home regulation. The items in the first column must be used for evaluating the effectiveness of training/technical assistance provided under Goal 1-A for religious exempt centers and family day homes; additional items for evaluation purposes may be added by the sub-grantee. The remaining columns provide relevant references that may be helpful to consider when providing training/technical assistance under Goal 1-A.

Standards for Licensed Child Day Centers - Virginia (www.dss.virginia.gov/division/license/index.html , click on "Child Day Centers" then "CDC Regulations, Code & Interpretations")	Infant/Toddler Environmental Rating Scale – Revised (draws from research, professional views and practical constraints – sources judged to be important conditions for positive outcome in children both while they are in the program and long afterwards, www.fpg.unc.edu/~ecers)	Family Child Care Environmental Rating Scale – Revised Edition (draws from research, professional views and practical constraints – sources judged to be important conditions for positive outcome in children both while they are in the program and long afterwards, www.fpg.unc.edu/~ecers)	Stepping Stones to Using Caring for Our Children - National Health and Safety Performance Standards: Guidelines for Out-of-Home Child Care Programs (standards that have the greatest impact on disease, disability and death in out-of-home child care, http://nrc.uchsc.edu/)
Child Record – Allergies (22 VAC 15-30-80 A 7)	11. Safety practices	12. Safety practices	8.048 – Contents of Child's Health Report
Immunizations and Physical Examinations (22 VAC 15-30-150 through 170)			8.013 – Written Procedure for Obtaining Preventive Health Service Information 8.048 – Contents of Child's Health Report
Clean, Safe and Operable Condition (consider water hazards, 22 VAC 15-30-340 A)	11. Safety practices	12. Safety practices	3.045 – Supervision Near Bodies of Water 5.005 – Site Location Free from Hazards 5.194 – Removal of Hazards from Outdoor Areas 5.198 – Enclosure of Bodies of Water

Harmful Agents (consider antibacterial soap, 22 VAC 15-30-350 B & H)	11. Safety practices	12. Safety practices	4.060 – Storage of Cleaning Agents Separate from Food 5.106 – Prohibition of Poisonous Substances and Plants
Electrical Outlets (22 VAC 15-30-360 3)	11. Safety practices	12. Safety practices	5.048 – Safety Covers and Shock Protection Devices for Electrical Outlets
Playground Area and Equipment (22 VAC 15-30-380 F and 22 VAC 15-30-461 5 b (3)). Note: separate playgrounds for infants and toddlers should only be applicable to center based programs.	16. Active physical play 29. Schedule 30. Free play	26. Active physical play 31. Schedule 32. Free play	2.009 – Playing Outdoors 2.012 – Space and Activity to Support Learning of Infants and Toddlers
Care and Protection (22 VAC 15-30-430 A)	25. Supervision of play and learning	27. Supervision of play and learning	2.028 – Methods of Supervision 3.045 - Supervision Near Bodies of Water 3.059 – Facility Layout to Reduce Risk of Abuse 5.085 – Play Equipment Requirements
Sleeping on Backs (22 VAC 15-30-461 1 a-c)	8. Nap 11. Safety practices	8. Nap/rest 12. Safety practices	1.010 – Additional Qualifications for Caregivers Serving Children Birth to 35 Months of Age 1.023 - Initial Orientation of All Staff 3.008 – Scheduled Rest Periods and Sleep Arrangements 5.146 – Infant Sleeping Position Equipment and Supplies
Movement and Stomach Time (22 VAC 15-30-461 5 b, c & g)	8. Nap 16. Active Physical Play	4. Arrangement of indoor space for child care 8. Nap/rest 26. Active physical play	2.009 – Playing Outdoors
Providing Comfort (22 VAC 15-30-461 4 and 6)	12. Helping children understand language	13. Helping children understand language	2.010 – Personal Caregiver Relationships for Infants and

	25. Supervision of play and learning 27. Staff-child interaction	27. Supervision of play and learning 28. Provider-child interaction	Toddlers 2.011 – Interactions with Infants and Toddlers
Disposable Items (consider the use of disposable gloves during diapering, 22 VAC 15-30-500 J)			3.014 – Diaper Changing Procedure 4.051 – Staff Restricted from Food Handling
Infant Walkers (22 VAC 15-30-500)	11. Safety practices	12. Safety practices	5.083 – Baby Walkers
Crib/Cots/Rest Mats/Beds - Hazards and Spacing (22 VAC 15-30-510 C, D, E, G, H, I & J). Note: the 30 inches of space between the service sides of occupied cribs and other furniture where that space is the walkway for staff to gain access to any occupied crib is not necessary for homes. Also, the bottom of a bunk bed may be used in homes if the child is 12 months or older and developmentally ready to use a bed.	8. Nap 11. Safety practices	8. Nap/rest 12. Safety practices	5.145 – Cribs Note: Spacing between cribs addressed in National Standards (5.144) but not Stepping Stones. 5.146 – Infant Sleeping Position Equipment and Supplies 5.160 – Inaccessibility of Strings and Cords
Sanitizing (22 VAC 15-30-570 E)	7. Meals/snacks 9. Diapering/toileting 10. Health practices	9. Meals/snacks 10. Diapering/toileting 11. Health practices	3.026 – Prevention of Exposure to Blood and Bodily Fluids 3.028 – Routine Frequency of Cleaning and Sanitation 3.036 – Use of Toys That Can Be Washed and Sanitized 3.037 – Objects Intended for the Mouth
Handwashing (22 VAC 15-30-575 A)	7. Meals/snacks 9. Diapering/toileting 10. Health Practices	9. Meals/snacks 10. Diapering/toileting 11. Health practices	1.009 – Preservice and Ongoing Staff Training 1.023 – Initial Orientation of All Staff 3.014 – Diaper Change Procedure 3.020 – Situation that Requires Handwashing 3.021 – Handwashing Procedure 3.022 – Assisting Children with

			Handwashing 3.069 - Staff Exclusion for Illness 4.051 – Staff Restricted from Food Handling 6.018 – Disease Recognition and Control of Herpes Simplex Virus 8.036 – Infant Feeding Policies
Diapering Area (22 VAC 15-30-575 B 3)	9. Diapering/toileting	10. Diapering/toileting	3.014 – Diaper Change Procedure 5.132 – Location and Setup of Diaper Changing Areas
Diapering – Disposal of Diaper (22 VAC 15-30-575 B 6 & B 7)	9. Diapering/toileting	10. Diapering/toileting	5.067 – Containment of Soiled Diapers
Diapering - Sanitation (22 VAC 15-30-575 B 8)	7. Meals/snacks 9. Diapering/toileting	9. Meals/snacks 10. Diapering/toileting	1.010 – Additional Qualifications for Caregivers Serving Children Birth to 35 Months of Age 1.023 Initial Orientation of All Staff 3.014 - Diaper Change Procedure 5.129 – Diaper Changing Tables 5.132 – Location and Setup of Diaper Changing Areas
§ 54.1-3408 N of the Drug Control Act – Medication Administration Training http://leg1.state.va.us/000/src.htm			1.009 – Preservice and Ongoing Staff Training 1.023 – Initial Orientation of All Staff 1.041 – Knowledge and Skills of Child Care Health Consultants 3.083 – Training of Caregivers to Administer Medication
Medication Administration (22 VAC 15-30-580 A and M)	10. Health practices	11. Health practices	1.023 Initial Orientation of All Staff 3.081 – Permissible Administration of Medication 3.083 – Training of Caregivers to Administer Medication

Medication Containers (22 VAC 15-30-580 E, F & G 3)	10. Health practices	11. Health practices	3.082 – Labeling and Storage of Medications
Storage of Medication (22 VAC 15-30-580 H, I, J & K)	11. Safety practices	12. Safety practices	3.082 – Labeling and Storage of Medications
Medication Documentation (22 VAC 15-30-580 L)			3.083 – Training of Caregivers to Administer Medication 8.046 – Contents of Child Records 8.051 – Contents of Medication Record
Over-the-Counter Skin Products/Diaper Ointment or Cream (22 VAC 15-30-585 A and C)			3.014 – Diaper Change Procedures 5.132 – Location and Setup of Diaper Changing Areas
Special Feeding Needs (22 VAC 15-30-630 A, B, D, E, F, G, H & I)	7. Meals/snacks	9. Meals/snacks	1.023 Initial Orientation of All Staff 4.014 – Techniques for Bottle Feeding 4.017 – Preparation and Handling of Bottle Feeding 4.018 – Warming Bottles and Infant Foods 4.036 – Location of the Adult Supervising Children Feeding Themselves 8.036 – Infant Feeding Policies
Firearms (22 VAC 40-110-230 from the Minimum Standards for Licensed Family Day Homes, www.dss.virginia.gov/division/license/index.html , click on “Family Day Homes” then “FDH Regulations, Code & Interpretation”)		12. Safety practices	5.161 – Firearms